

### PUPATE

Some insects ride out winter as a pupa (pyoo-puh). Think of a pupa as an insect's teen years—a time when the baby bug changes into an adult. Lots of insects, including this Polyphemus moth, form a cocoon when they pupate. Some even have antifreeze in their bodies to keep them from turning into bugsicles when temperatures drop.

## HIBERNATE

A few animals treat winter like a boring movie—they sleep through it. Chipmunks, skunks and bears take long, deep naps during the worst winter weather. Bats, woodchucks and ground squirrels go even further they hibernate. During hibernation, an animal's temperature drops, and its breathing and heart rate slow way down. If your heart slowed as much as a hibernating ground squirrel's, you'd never wake up!

### EXCAVATE

Voles, mice and shrews excavate tunnels under the snow. The snow hides the furry mammals from hungry predators and acts like a fluffy white blanket, keeping the tunnel much warmer than the air outside. To see how toasty snow can be, build an igloo.

# Critters ASULATE

big puffy coats, but they have something just as good to insulate their bodies against winter's chill: fur and feathers. Foxes and other mammals grow thick fur coats to keep them cozy. Birds fluff up their feathers to trap warm air next to their skin.

Red-tailed hawk

# GENERATE

We use electricity or burn natural gas to generate heat in our houses. Animals, including humans, generate heat from the foods they eat. For animals trying to survive winter, being overweight is great. Not only does extra fat help insulate their bodies, but they also can use the fat to generate heat.

### TERMINATE

Grasshoppers, mosquitoes and several kinds of spiders lay eggs before winter

arrives. The adults die
when the first hard
freeze hits, leaving
the babies to fend for
themselves when they
hatch the following spring.

